

# 5-Minute Fixes

Unruly strands can strike at any moment. Consider this your 911 for hair emergencies BY LIZ KRIEGER



## MASK DIRTY ROOTS

Woke up too late to wash your hair? Reach for pretty layered headbands. **1. Pull your hair back** into a ponytail with a clear elastic band. **2. Layer on two or three thin bands**, starting about an inch from your hairline. "If you have broken or frizzy pieces, using multiple headbands will keep them from popping up," says Jet Rhys, owner of Jet Rhys Salon in San Diego. To ensure that you look office chic, not gym-ready, tilt each headband forward as you slide it on to create extra lift at the crown.

Joomi NYC elastic headband with Swarovski crystals, \$68; joominyc.com. Style Solutions Flat Elastics headbands, \$4/6; sallybeauty.com.



## Fight Fuzzies

Smooth rebellious strands with a few swipes of clear mascara. "It dries almost instantly and controls flyaways without coating them in heavy silicone, which can make your hair look greasy," says Rhys.

Maybelline New York Great Lash clear mascara, \$6; at drugstores.

T3 Bespoke Labs  
Featherweight dryer, \$200;  
sephora.com.



## LICK A COWLICK

No, not literally. But if a patch of hair is always misbehaving, tame it with this trick, says Mark Garrison, owner of Mark Garrison Salon in N.Y.C., who has worked with Ashley Judd and Sandra Bullock. Soak the area with several sprays from a water bottle, then use a fine-tooth comb to pull the hair taut from the roots. Aim the nozzle of your blow-dryer on the spot while maintaining tension in the opposite direction of the cowlick. Final step: Add a drop of smoothing serum to set the spot.



## REVIVE DROOPY CURLS

“Mix a drop of water and any kind of styling lotion in your palm and apply it to the curl. Put your finger at the base of the curl and wrap the hair around it,” says Denis Da Silva, co-owner of Devachan Salon and Departure Lounge in N.Y.C. “Give it a quick blast with a diffuser or blow-dryer, and you have a curl that behaves.”



## FLUFF FLAT HAIR

Boost day-old hair with a few bursts of hairspray to the roots. Then flip your head upside down and aim your blow-dryer at the scalp, says Rhys. The heat will dry the spray almost instantly, and any leftover oils will vanish, leaving your hair with volume and lift.

Herbal Essences Body Envy Volumizing hairspray, \$3; at drugstores.



**THE BAG**  
Felix Rey clear cosmetics bag, \$50; felixrey.com.

## Bad Hair Day Emergency Kit

For crisis control, Rhys recommends this stash of supplies for your car or office:

- Water mister** to reactivate styling products.
- Rattail comb** for teasing and sectioning.
- Bobby pins** for securing disobedient strands.
- Clear elastic bands** for updos and ponytails.
- Dry shampoo** to soak up oil at the roots.

1 Tolco spray bottle, \$2; at Ray Beauty Supply, 212-757-0175. 2 Champion Hard Rubber rattail comb, \$11; cachebeauty.com. 3 Evian New York Nights Mineral Water facial spray, \$10; beautybodybath.com. 4 Scünci Beautiful Blends Auburn bobby pins, \$3; at drugstores. 5 Style Solutions Snag Free elastic bands, \$2; sallybeauty.com 6 Fekkai Au Naturel Powder Clean dry shampoo, \$23; sephora.com.

## If All Else Fails...



### COVER UP

Pressed for time? Keep hair under wraps with a cute side-slung hat, then gather your bottom layers into a low side ponytail and secure with a thin elastic band, says N.Y.C. salon owner Edris Nicholls.

### GET HAPPY

“Pay someone a compliment,” says N.Y.C. dermatologist and psychiatrist Amy Wechsler. “Doing something good increases serotonin levels, resulting in an improved mood.”

### DISTRACT

If you’re fixated on your scruffy do, redirect attention to something else, says Wechsler. Try a pair of sparkling earrings or a bold necklace to move the focus away from imperfect hair.

Miguel Ases for Fragments gold-filled earrings with gemstones, \$345; fragments.com.

