

# the parisian touch

## TRENDS

How do you finish off a sinful meal in Paris? Not with dessert, judging by the batch of restaurants adding massages to their menus. Wednesday through Sunday nights at **Nirvana** (3 Ave. Matignon; 33-1/53-89-18-91; dinner for two \$184), just off the Champs-Élysées, you can slink away from the rest of the couture-clad clientele to the “de-stress” corner for a 25-minute rubdown (\$23). Sir Terence Conran’s chic Mezzanine Bar at **Alcazar** (62 Rue Mazarine; 33-1/53-10-19-99; brunch for two \$60, including massage) is the place to be for brunch on Sundays—not only for the Beautiful

People-watching, but also for 15-minute kneading sessions. In the subdued 15th Arrondissement, **On Air Café** (25 Rue Balard; 33-1/45-58-45-68; dinner for two \$44) arranges quarter-hour tableside treatments (\$17) in a casual, bistro atmosphere. And celebrity flytrap **Man Ray** (34 Rue Marbeuf; 33-1/56-88-36-36; dinner for two \$135) gives patrons a reason not to hate Mondays, with a weekly after-work elixir: a strong cocktail and a half-hour massage (\$12). With any luck, you might catch owners Johnny Depp and Sean Penn getting pummeled in the next seat. —LIZ KRIEGER

